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This exercise requires two people.

1. 1. The teacher writes down a list of 10 different 5 digit numbers or letters
2. 2. The teacher says the first 3 numbers or letter SOUNDS one at a time, 1 second apart
3. 3. The student repeats them back in backwards order
4. 4. If the student cannot do 3 digits at all, alternate with 2 and 3.
5. 5. If 3 digits was easy, do 4. If 4 is easy, do 5
6. 6. The goal is to be able to do 5
7. 7. Repeat 3 more times, alternating between numbers and letter sounds, and stop for the day

The second exercise requires only one person.

1. 1. Turn on the radio
2. 2. Listen for the first 3 words you hear
3. 3. Repeat the first 3 words forwards
4. 4. Repeat them backwards
5. 5. If this was easy, next time listen for 4 words and try that. Do 5 if 4 was easy
6. 6. Repeat this 3 more times then stop for the day