

“I Am An Important Person” Poster

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Idea source: Rabbi Kalman Rosenbaum

Grade Level: Early Childhood-Middle School

Description:

Self-esteem is an area that many students are lacking. This poster promotes the idea that every person is important and nobody can say anything to diminish this importance. The purpose of the poster is to serve as a springboard for further discussions or projects about self-esteem. The poster can be used as part of a middos/hashkafa program, essay contest, unit on kavod habriyos, etc.

Goals/Objectives:

Students will have their self-esteem and self-importance reinforced by internalizing the message of the poster.

Instructions:

1. Laminate the poster and hang in the classroom.
2. Discuss the idea of each child's importance and emphasize how no one or nothing can change that.
3. Encourage class discussion on appropriate ways of deflecting and dealing with negative comments and of preserving self-esteem.

Variations:

- Set the words of the poster to a catchy tune and have students sing it. This will help reinforce its message, especially for the younger ones.
- Role play different scenarios and model appropriate responses so the children see clearly how to respond when they are spoken to in a negative or derogatory way.

**NO MATTER WHAT YOU DO
OR SAY TO ME,
I AM STILL
AN IMPORTANT PERSON!!!**

